

Argyll & Bute CAB

- > ABCAB is a registered Charity, with offices in Lochgilphead, and Helensburgh and Outreach services available in Dunoon, Oban, Campbeltown, & Mull
- > Established in 2002, we celebrate our 21st Birthday this year
- > 12 staff
- > 16 volunteers



Twin Aims of the CAB

All CAB's have a twin aim:

> To ensure individuals do not suffer through ignorance of their rights and responsibilities or of the services available; or through an inability to express their needs.

> To exercise a responsible influence on the development of social policies and services both locally and nationally.



Social Policy Work

Last Year's Private Rental Sector Research

https://www.cas.org.uk/system/files/publications/argyll a nd bute citizens advice bureau research into the privat e rental sector executive summary.pdf

This year's Research:

Big Energy Saving Network

Debt Happens

Money and Mental Health

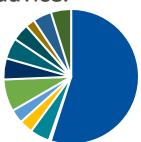
Impact of cost of living crisis on Carers





ABCAB in 2021/2022

- Advised 1,040 clients
- 677 new clients
- Helped clients gain £1.1 million
- And provided 3,120 separate pieces of advice.

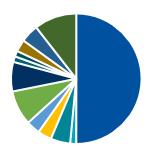


- Benefits 1701
- Debt 146
- Charitable Support 102 Health/PASS 420
- Housing 157
- Legal 101
- Tax 138

- Consumer 23
- Employment 100
- Immigration 154
- Relationship 69
- Utilities 150

ABCAB in 2022/2023

- Advised 1845 clients
- 1239 new clients
- Helped clients gain £879,561
- And provided 10062 pieces of advice



- Benefits 1450
- Debt 138
- Charitable Support 205
- Housing 207
- Legal 127
- Tax 127

- Consumer 42
- Employment 97
- Health/Pass
- Immigration 40
- Relationship 85
- Utilities 299

Quality is taken seriously

We have a 3-yearly audit by Citizens Advice Scotland, and our latest one in 2021 saw us pass with no recommendations.

We undertake quarterly assessment of our advice internally and this is in turn verified by CAS learning and standards team. This is in addition to weekly peer-to peer case checking by all advisers.

We deliver competency based training on a monthly basis to all staff and volunteers in the Bureau.



Volunteers are the lifeblood of every CAB

The CAB Adviser Training Programme

Welcome to the CAB Adviser Training Programme! The training is made up of four stages (illustrated below). It will help to equip you with the knowledge and skills you'll need to be an adviser in the CAB.

Generalist adviser! Again, you'll continue with materials and sessions. You'll also start to lead interviews Solo practice on your own. Your case records will be checked until you are competent as a generalist adviser. Your materials work and taught sessions will continue, and when you're ready, you'll also start to lead interviews. Don't Supported worry! Experienced advisers will still be there to help out and interviewing to give you feedback. You'll be introduced to the advice subject areas and Shadowing practical advice skills by working through training materials and taught sessions, and by shadowing You'll first learn about experienced advisers. the aims and principles of the CAB Service, the work of the bureau, interview skills, Induction equalities issues, and how to use the CAB information system. The training consists of a combination of:

Generalist Adviser Training can take 6 months to complete

We currently have 16 volunteer advisers and have reopened our recruitment period for our Spring intake

Training Starts May 2023



Housing Debt/Money Advice





- For those at risk of Repossession, eviction or debt related issues
- Lay representation for some civil court action
- Registered with the Financial Conduct Authority
- Money Talk Plus





Patient Advice and Support Service



The Patient Advice and Support Service (PASS) is an independent service which provides free, accessible and confidential information, advice and support to patients, their carers and families about NHS Healthcare. The project offers the following support and assistance:

- Support you if you are going to a meeting
- Help you write letters and make phone calls
- Help you access your medical and clinical records
- Help you find health services and social care
- Help you access the treatments, care and support you need

The Patient Rights (Scotland) Act 2011







The Patition Rights (Santileval) dut 2011 supports the Santilob Government's index for a high quality; person-control MIS. The Act applies to every marrier of shall marking for NFE hardand, and the all independent contractors and their staff who provide MIS services. This ballsheet outlines what the Pullent Advice and Support Service. (MSS) mean for you, your employer and independent constaction.

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Patient Advice and Support Service (PASS):

The Act establishes a movindependent Parket Advice and Support Service (MSS). This will replace the Independent Advise and Support Service.

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- for large patients and members of the public to found and understand their rights and requestibilities. informating the Mittle
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Armed Services Advice Project



We provide free, confidential, impartial information, advice and support to:

- members of the armed forces, & merchant navy
- their dependents
- those who are currently serving
- those who have left the armed forces whether they left yesterday or 20 years ago

The service covers the whole of Argyll & Bute and advice ranges from benefits through housing and debt to relationship advice.





Pensionwise





Pension Wise is a free and impartial service to help people make informed decisions about how to access their pension savings and plan financial matters in retirement by providing people with guidance about their options.

A Pension Wise appointment may help you if you:

Are approaching retirement or close to or over 50

Have a defined contribution pension pot(s)



Energy Best Deal

Worried about the



cost of energy?

Argyll & Bute Citizens Advice Bureau is here for you.

www.abcab.org.uk

phone: 01546 60 5550

email: info@abcab.org.uk













We are looking for your views!

As part of our processes we really need to know what our communities think of the work we do.

https://www.smartsurvey.co.uk/s/ABCABCommunity PartnersSurvey/

We have shared this survey previously, but have had no responses from partners around the forum.

Please help Argyll & Bute CAB to continue to help across the region by completing the linked survey

